DOVES Quick Help Guide Four Steps to Build a Safer and More Equal Future

Creating a safer, more equitable world requires intentional action, education, and systemic change. From individual behavior to legislative policy, every step plays a critical role in promoting a culture of consent, respect, and fairness. This guide offers actionable steps to contribute to a safer, fairer future. By focusing on both personal behaviors and systemic change, we can build a world that supports survivors and fosters respect for all.

Here are four essential steps to help future generations thrive in a safer environment:

Improve

Strengthen skills around asking for and respecting consent, and foster healthy relationship dynamics. Challenge jokes or behaviors that demean others, and commit to modeling respect in every interaction. By focusing on healthy communication and boundaries, we create a foundation for respectful relationships.

Implement

Implement policies and practices within communities, schools, and organizations that ensure everyone is treated fairly. This includes training staff and volunteers regularly on consent, boundaries, and healthy behaviors. By embedding these principles into institutional frameworks, we help ensure safety and accountability.

Encourage

Encourage youth to respect others' boundaries and bodies, challenge harmful gender stereotypes, and treat others fairly. Teaching young people to respect differences and stand up against injustice helps cultivate a future generation grounded in empathy and equality.

Create & Pass

Support legislation that uplifts survivors and improves equitable access to resources. Advocacy for laws that prioritize justice and support for survivors is critical to creating systemic change. By participating in the political process, we can pass meaningful laws that protect and empower individuals.

Each of these steps contributes to building a culture where safety, respect, and fairness are the norms. Together, we can create a world where everyone is valued, protected, and treated with dignity.